

# COMMON HEART DISEASES IN DOGS AND MANAGEMENT



Cardiorespiratory Center Thonglor Pet Hospital Rama IX SITHA S. DVM, PGFVS (Cardiorespiratory Med.)



# HEART DISEASE IN DOGS



Cardiorespiratory Center Thonglor Pet Hospital Rama IX SITHA S. DVM, PGFVS (Cardiorespiratory Med.)



CONGENITAL HEART DISEASE: 5%

ACQUIRED HEART DISEASE: 95%

OF ALL HEART CONDITIONS IN DOGS.

- . Degenerative mitral valve disease (DMVD): >75%
- 2. Dilated cardiomyopathy (DCM): 8-10%
- 3. Cardiac mass: 5%



#### **OUTLINE**

- 1. Identification of the diseases (DMVD).
- Staging of the severity
- 2. Management.
- Pre-clinical (heart disease)
- Clinical (heart failure)
- Applying "evidence-based medicine"



#### OUTLINE

- 1. Identification of the diseases (DMVD / MMVD).
- Staging of the severity





#### **DEGENERATIVE MITRAL VALVE**

SLOW PROGRESSIVE DISEASE

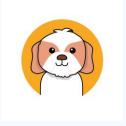
AGING-ASSOCIATED DISEASES SMALL TO MEDIUM-SIZED BREEDS, MALE (1.5X) > FEMALE

- 62% MITRAL VALVE ALONE 32.5% MITRAL & TRICUSPID VALVES





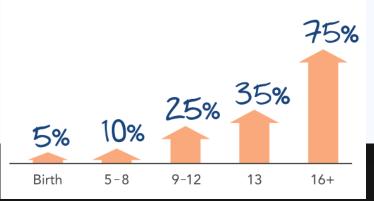




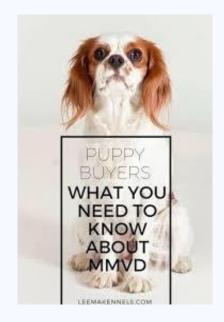




THE LIKELIHOOD OF HEART DISEASE INCREASES DRAMATICALLY WITH AGE. 1,2

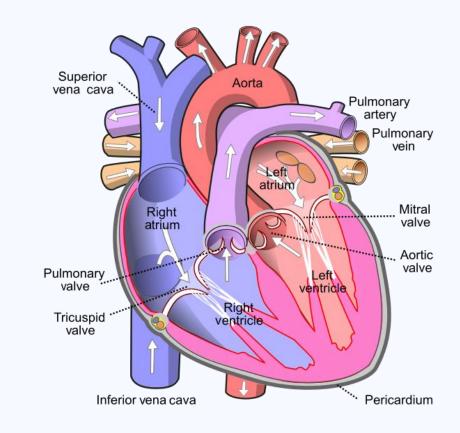






#### MITRAL VALVE APPARATUS

- Valve leaflets (Ant./ Post.)
- ◆ Annulus
- Chordae tendinae
- ♥ Papillary muscles





# DEGENERATIVE MITRAL VALVE

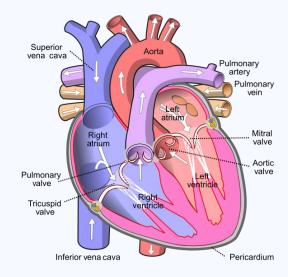
ANTERIOR MITRAL VALVE POSTERIOR MITRAL VALVE

- ▼ Mucopoly-saccarides
- ♥ Collagen degeneration
- ♥ Endothelial proliferation



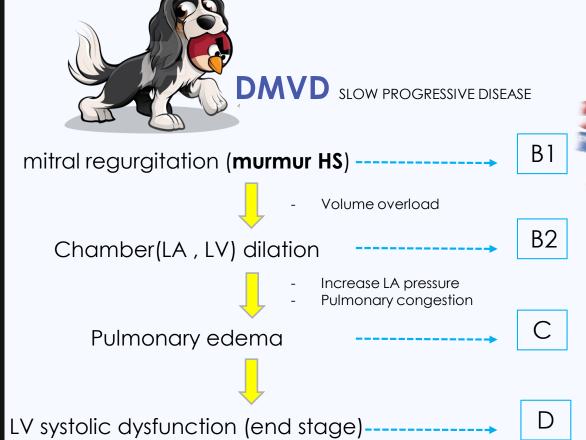


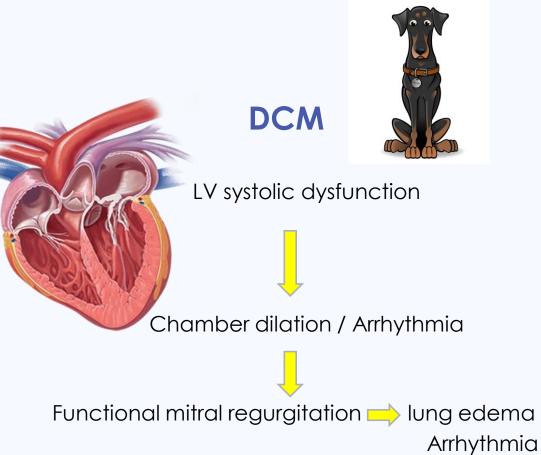
Normal DMVD



- Thickened leaflets / chordae
- Mitral valve regurgitation
- LA & LV Chamber dilation
- Increase LA pressure
- Pulmonary venous congestion
- Pulmonary edema







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#### Journal of Veterinary Internal Medicine

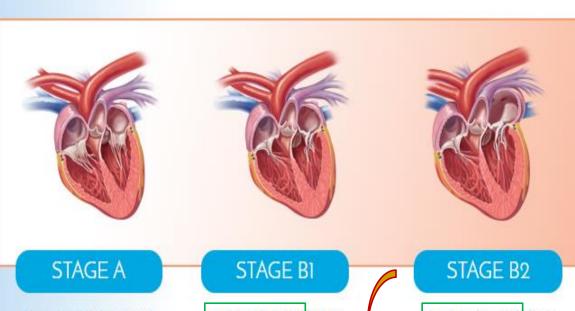


**CONSENSUS STATEMENT** 

Consensus Statements of the American College of Veterinary Internal Medicine (ACVIM) provide the veterinary community with up-to-date information on the pathophysiology, diagnosis, and treatment of clinically important animal diseases. The ACVIM Board of Regents oversees selection of relevant topics. derived from evidence-based medicine whenever possible and the panel offers interpretive comments when such evidence is inadequate or contractictory. A draft is prepared by the panel, followed by solicitation of input by the ACVIM membership which may be incorporated into the statement. It is then submitted to the Journal of Veterinary Internal Medicine, where it is edited prior to publication. The authors are solely responsible for the content of the statements.

ACVIM consensus guidelines for the diagnosis and treatment of myxomatous mitral valve disease in dogs

#### ACVIM CONSENSUS (2009 → 2019)



No disease is present at this stage.

Murmur detected but no radiographic or echocardiographic evidence of cardiac remodelling. No clinical signs of heart failure.

Murmur detected along with radiographic or echocardiographic findings of left-sided heart enlargement. No clinical signs of heart failure. STAGE C

Structural abnormality and current or previous clinical signs of heart failure.

STAGE D

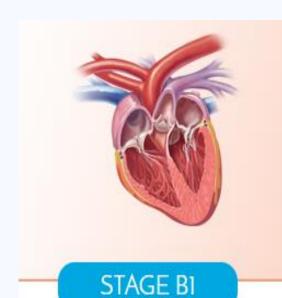
End-stage heart disease that fails to respond to standard treatment. Clinical signs of heart failure.

+ Evidence of cardiogenic lung edema on chest-XR

No evidence of ca



# MMVD STAGE B1



Murmur detected but no radiographic or echocardiographic evidence of cardiac remodelling.

No clinical signs of heart failure.



#### **HEART MURMURS**

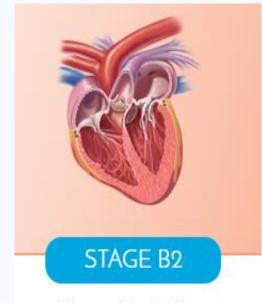


Intensity	Grade	Loudness			
Low intensity	ı	Low intensity murmur heard in a quiet environment only after careful auscultation over a localised cardiac area			
	П	Low intensity murmur heard immediately when the stethoscope is placed over the PMI			
Moderate intensity	111	Murmur of moderate intensity localized to a single area			
	IV	High intensity murmur that can be auscultated over several areas without any palpable precordial thrill			
High intensity	V	High intensity murmur with a palpable precordial thrill			
	VI	High intensity murmur with a palpable precordial thrill that may even be heard when the stethoscope is slightly lifted off the chest wall			

Dogs—left side, 5th intercostal space at costochondral junction Cats—left side, 5th–6th intercostal space, near sternum



# MMVD STAGE B2



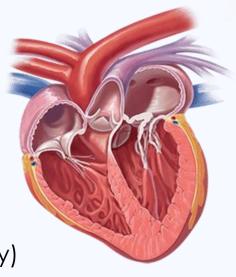
Murmur detected along

with radiographic or echocardiographic findings of left-sided heart enlargement.

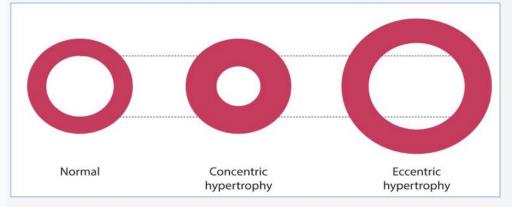
No clinical signs of heart failure.

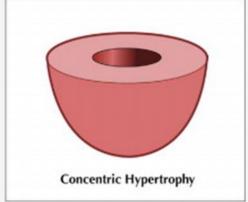
No evidence of cardiogenic lung edema on chest-XR

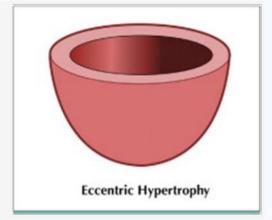




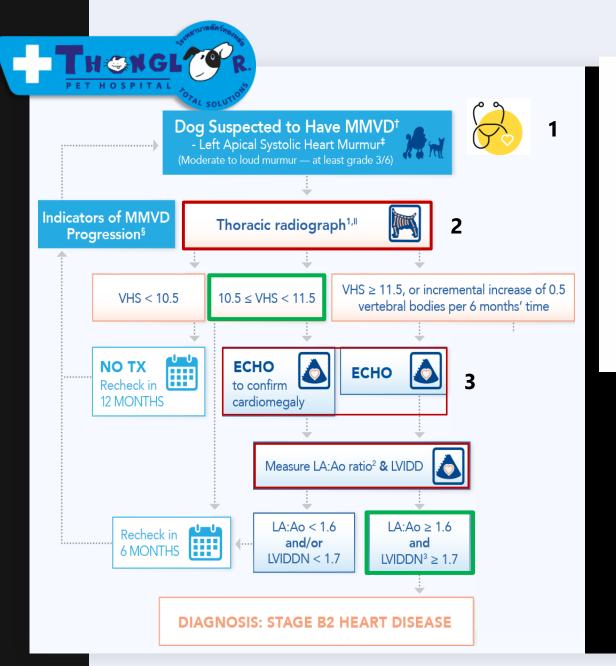
Heart enlargement (Cardiomegaly)







• May be usually thick or **dilated**, permanent or temporary depending on the causes.



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#### ACVIM consensus guidelines for the diagnosis and treatment of myxomatous mitral valve disease in dogs

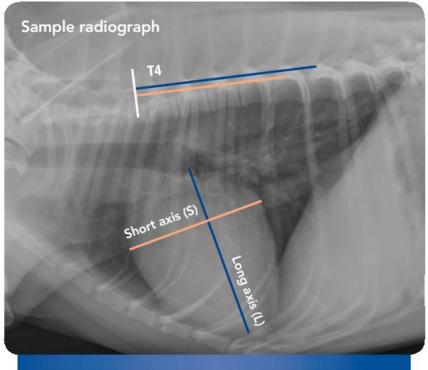
Bruce W. Keene<sup>1</sup> | Clarke E. Atkins<sup>1</sup> | John D. Bonagura<sup>1,2</sup> | Philip R. Fox<sup>3</sup> Jens Häggström<sup>4</sup> | Virginia Luis Fuentes<sup>5</sup> | Mark A. Oyama<sup>6</sup> | John E. Rush<sup>7</sup> | Rebecca Stepien<sup>8</sup> | Masami Uechi<sup>9</sup>

- Stage B2 criteria for heart enlargement identify dogs that are likely to benefit substantially from treatment before the onset of clinical signs of heart failure. (Class I, LOE: Strong):
  - murmur intensity ≥3/6;
  - echocardiographic LA: Ao ratio in the right-sided short axis view in early diastole ≥1.6 (Figure 1)<sup>45</sup>;
  - Left ventricular internal diameter in diastole, normalized for body weight (LVIDDN) ≥1.7 (Table 1)46;
  - breed-adjusted<sup>47-53</sup> radiographic vertebral heart score (VHS) >10.5.



#### Left side heart enlargement (Stage B2) criteria

- 1. PE: Murmur intensity ≥3/6
- 2. Radiographic vertebral heart score (VHS) >10.5
- 3. Echocardiographic
- LA:Ao ratio in the right-sided short axis view in early diastole ≥1.6
- Left ventricular internal diameter in diastole, normalized for body weight (LVIDdN) ≥1.7



Identify VHS and compare to normal range (8.7–10.7)

## SAMPLE VHS CALCULATIONS FROM RADIOGRAPH ABOVE

This example: Long axis line = 5.2, Short axis line = 4.4

$$VHS = L + S$$

$$= 5.2 + 4.4$$

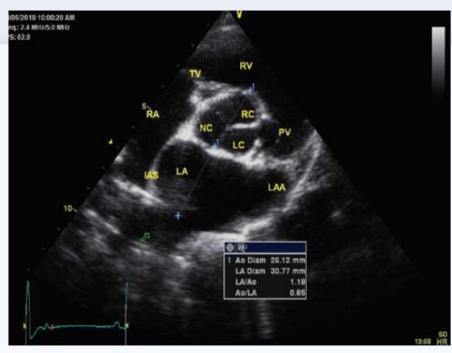
= in normal range



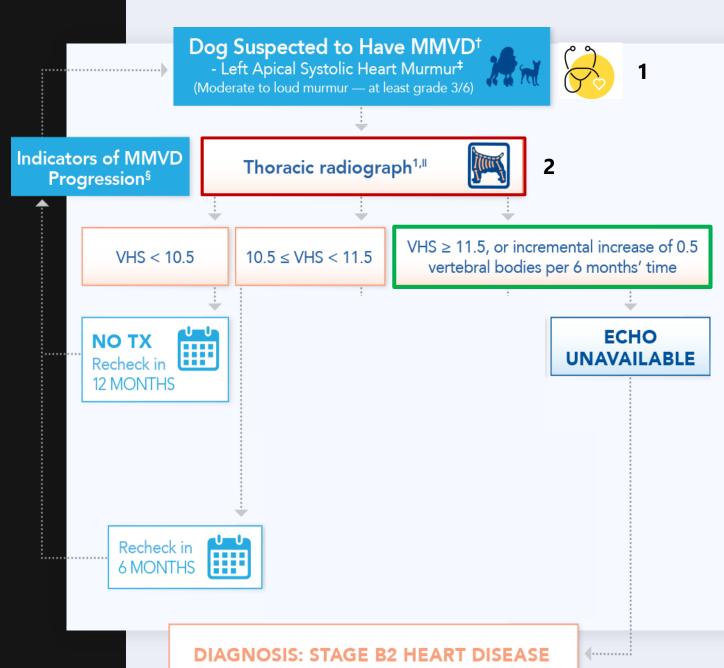
#### Left side heart enlargement (Stage B2) criteria

- 1. **PE:** Murmur intensity ≥3/6
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- LA: Ao ratio in the right-sided short axis view in early diastole ≥1.6
- Left ventricular internal diameter in diastole, normalized for body weight (LVIDdN) ≥1.7

$$LVIDDN = \frac{\text{measured LVIDd (cm)}}{\text{Weight (kg)}}$$

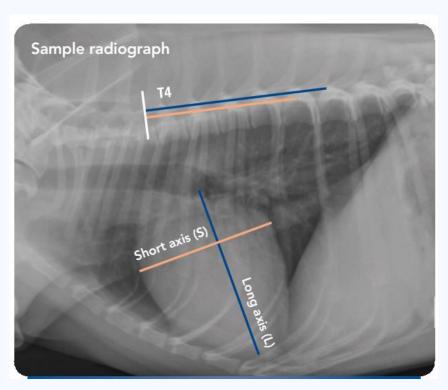




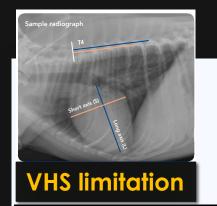




#### Echo unavailable



An increase in VHS of more than 0.07/month is a significant risk factor for the development of congestive heart failure within the next 6 months.



VHS also **varies** with breed, positioning hemivertebrae, cardiac cycle, heart rate, sedation...

# Hemivertebrae

#### **VHS**

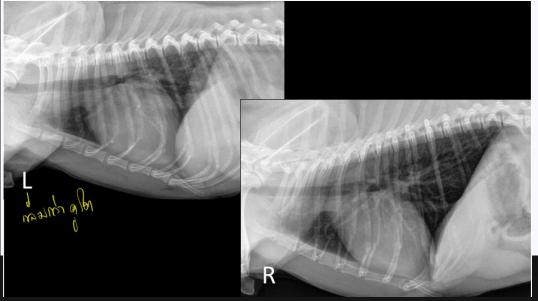
Cutoff: ≥12.25 vertebrae

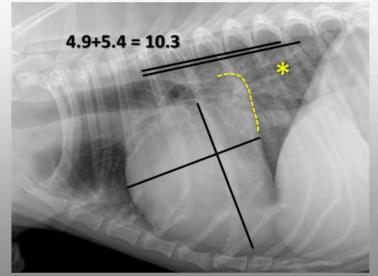
Sensitivity: 30% Specificity: 96%

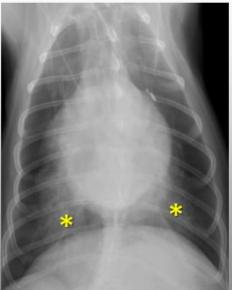


	VHS range
Average normal for most dogs	9.2-10.2
Beagle	10.1-10.9
Boxer	10.8-12.4
Boston Terrier	10.3-13.1
Bulldog	11.0-14.4
Cavalier King Charles	10.1-11.1
Cocker Spaniel	11.0
Doberman	9.4-10.6
German Shepherd	9.0-10.4
Pomeranian	9.6-11.4

	VHS range
Greyhound	10.4-10.6
Labrador	10.2-10.6
Lhasa Apso	8.8-10.4
Pug	9.8-11.6
Poodle	9.6-10.6
Rottweiler	9.7-9.9
Shih Tzu	8.9-10.1
Dachshund	9.3-11.6
Whippet	10.8-11.8
Yorkshire Terrier	9.3-10.5









#### Echo unavailable

#### VLAS (Vertebral Left Atrial Size)

• A newer index of radiographic left atrial enlargement, the VLAS, provides a quantitative method of estimating left atrial size. Measured on either the right or left lateral radiograph by drawing a line from the center of the most ventral aspect of the carina to the most caudal aspect of the LA where it intersects with the dorsal border of the caudal vena cava, that line then is transposed to the cranial edge of the 4th thoracic vertebral body.<sup>54</sup> Studies are ongoing to determine a VLAS value that accurately predicts B2 remodeling, but in the absence of echocardiography, VLAS values of ≥3 likely identify Stage B2 MMVD. (Class 1, LOE: moderate)

VLAS in predicting LA/Ao ≥1.6
Cutoff: ≥2.5 vertebrae
Sensitivity: 67%

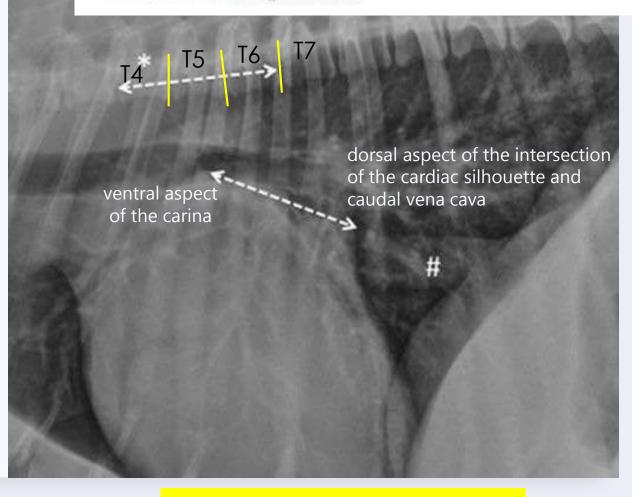
Specificity: 87%

https://www.imv-imaging.co.uk/veterinary-learning/journal-club/vertebral-left-atrial-score-vlas/

#### Diagnostic value of vertebral left atrial size as determined from thoracic radiographs for assessment of left atrial size in dogs with myxomatous mitral valve disease

Elizabeth L Malcolm, Lance C Visser, Kathryn L Phillips, Lynelle R Johnson

PMID: 30272515 DOI: 10.2460/javma.253.8.1038



**VLAS** (ACVIM 2019) ≥3 : Stage **B2** 

Sánchez Salguero et al. Irish Veterinary Journal

#### Echo unavailable

#### RLAD (Radiographic Left Atrial Dimension)

#### RLAD was obtained by

drawing a line bisecting the 90 degrees angle defined by the long and short cardiac axes lines of the VHS, up to the dorsal edge of the left atrium and comparing its length to T4's vertebral body length.

**RLAS** in predicting LA/Ao

≥1.6

Cutoff: ≥1.8 vertebrae

Sensitivity: 96.8%

#### RESEARCH

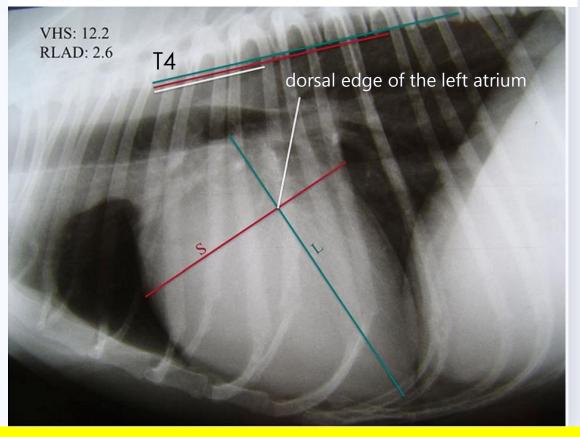
**Open Access** 

( CrossMark

#### A radiographic measurement of left atrial size in dogs

(2018) 71:25

Xavier Sánchez Salguero<sup>1</sup>, David Prandi<sup>2,3</sup>, Francisco Llabrés-Díaz<sup>4</sup>, Edgar Garcia Manzanilla<sup>5,6\*</sup> and Claudio Bussadori<sup>7</sup>



RLAD (Vertebral Left Atrial Dimension) ≥1.8 : LA enlargement



#### Echo unavailable

#### M-VLAS (Modified Vertebral Left Atrial Size)

1 line: VLAS

2 line, at the most distal LA border excluding the pulmonary vein orifice, and extended to perpendicularly intersect with the first line(VLAS).

M-VLAS in predicting LA/Ao

≥1.6

Cutoff: ≥**3.4** vertebrae

Sensitivity: 93%

Specificity: 93%

#### Journal of Veterinary Internal Medicine $oldsymbol{\mathsf{A}}$



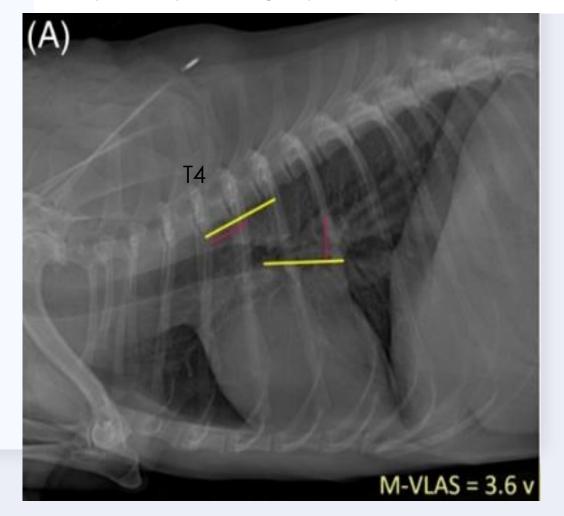


Radiographic quantification of left atrial size in dogs with myxomatous mitral valve disease

Christopher Lam 0

Brad J. Gavaghan

Fiona E. Meyers





#### Radiographic quantification of left atrial size in dogs with myxomatous mitral valve disease

Journal of Veterinary Internal Medicine



Christopher Lam

Brad J. Gavaghan

Fiona E. Meyers

Descriptive data for control healthy dogs and dogs with various stages of myxomatous mitral valve disease

Variable	Control	Stage B1	Stage B2	Stage C	P value
No. of dogs	6	22	21	21	-
Female	5	11	8	7	-
Male	1	11	13	14	-
Bodyweight (kg)	7.57 ± 2.13	8.37 ± 3.63	9.41 ± 2.93	6.96 ± 3.02	.09
Age (year)	8.72 ± 5.89	11.07 ± 2.77	10.65 ± 2.93	10.96 ± 2.13	.33
LA/Ao	1.26 ± 0.18	1.18 ± 0.14	2.07 ± 0.42 <sup>a</sup>	$2.39 \pm 0.52^{a}$	< .001
LVIDdN	1.32 ± 0.15	1.51 ± 0.22	$2.00 \pm 0.18^{a}$	$2.09 \pm 0.35^{a}$	< .001
M-VLAS	2.60 ± 0.30	2.75 ± 0.55	4.10 ± 0.57 <sup>a</sup>	4.57 ± 0.86 <sup>a</sup>	< .001
VLAS	1.83 ± 0.29	1.93 ± 0.33	$2.66 \pm 0.36^{a}$	$2.92 \pm 0.54^{a}$	< .001
VHS	9.28 ± 0.77	10.28 ± 0.76	11.61 ± 0.93 <sup>a</sup>	12.04 ± 1.52 <sup>a</sup>	< .001
RLAD	1.22 ± 0.24	1.54 ± 0.42	$2.34 \pm 0.43^{a}$	$2.71 \pm 0.66^{a}$	< .001
Medications at time of assessment	n/a	Frusemide (2/22) <sup>b</sup> , pimobendan (2/22) <sup>b</sup> , codeine (1/22), doxycycline (1/22)	Pimobendan (6/21), trilostane (2/21), clopidogrel (1/21), rivaroxaban (1/21)	Frusemide (13/21), pimobendan (12/21), benazepril (6/21), trilostane (1/21), insulin (1/21), amoxycillin-clavulanate (1/21), diltiazem (1/21)	

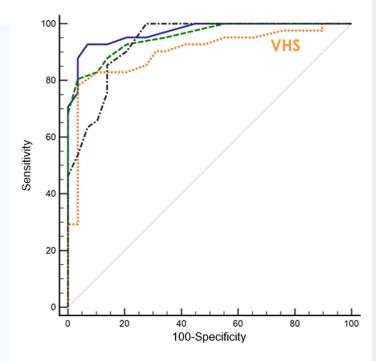


FIGURE 2 Receiver operating characteristic (ROC) curves of M-VLAS, VLAS, VHS, and RLAD measured in 29 dogs with LA/Ao < 1.6, and 41 dogs with LA/Ao ≥1.6. Significant difference in AUC was observed between M-VLAS (AUC 0.97, 95% CI 0.90-1.00) and VHS (AUC 0.90, 95% CI 0.80-0.96) (P = .03). Blue solid-M-VLAS, green dashed-VLAS, orange dotted-VHS, and black dot-dashed-RLAD

The results of this study showed a positive correlation between M-VLAS, VLAS, VHS and RLAD with LA/Ao in dogs with MMVD. Significantly higher M-VLAS, VLAS, VHS, and RLAD were observed in stage B2 and C dogs than stage B1 and control healthy dogs.

Comparison of ROC curves indicated VLAS, RLAD, and M-VLAS was superior to VHS in identifying this LA enlargement.



## Use of radiographic measurements to diagnose stage B2 preclinical myxomatous mitral valve disease in dogs

#### Echo unavailable

Rebecca L. Stepien DVM, MS

Mariola B. Rak DVM

Lauren M. Blume BVSc

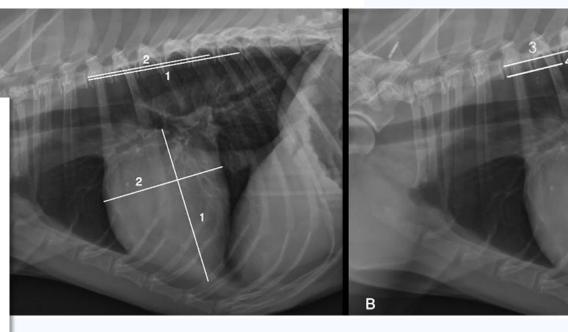
**Table 2**—Results of analysis to identify potential correlations between results for selected radiographic variables as measured on left lateral thoracic radiographic images and echocardiographic variables for the 25 control dogs and 30 case dogs described in Table 1.

Echocardiographic variable		Radiographic variable*	Correlation coefficient (95% CI)	P value	
LVIDDN		VHS <sub>length</sub> VHS VLAS LA <sub>width</sub> LA <sub>total</sub>	0.34 (0.09 to 0.56) 0.42 (0.17 to 0.62) 0.68 (0.51 to 0.80) 0.54 (0.31 to 0.71) 0.65 (0.46 to 0.78)	0.010 0.002 < 0.001 < 0.001 < 0.001	
LA:Ao		VHS <sub>length</sub> † VHS† VLAS† LA <sub>width</sub> † LA <sub>total</sub> †	0.23 (-0.05 to 0.47) 0.24 (-0.03 to 0.48) 0.46 (0.21 to 0.65) 0.54 (0.32 to 0.70) 0.47 (0.23 to 0.66)	NS NS < 0.001 < 0.001 < 0.001	

The Pearson correlation coefficient (r) is reported unless otherwise noted.

\*Reported as VBUs to the nearest 0.25 vertebral body as measured on left lateral radiographic images of 25 control dogs and 30 case dogs. †Spearman rank correlation coefficient  $(\rho)$  is reported.

NS = Not significant.



VHS



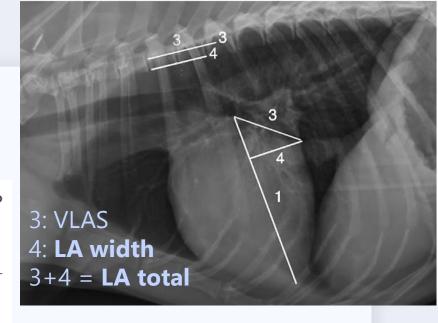
## Use of radiographic measurements to diagnose stage B2 preclinical myxomatous mitral valve disease in dogs

**Table 3**—Results of ROC curve analysis to assess diagnostic accuracy of radiographic variables to predict group status (case group vs control group) as described in Table 1.

Padio guanhia	ROC curve analysis		Cutoff value*		Percentage sensitivity	Percentage specificity	Percentage PPV	Percentage NPV		
Radiographic variable	AUC (95% CI)	P value	Туре	VBUs	(95% CI)	(95% CI)	(95% CI)	(95% CI)	LR	P value
VHS	0.68 (0.54–0.82)	0.023	Optimal sensitivity† Maximum specificity‡	12.00 12.25	37 (22–54) 30 (2–48)	92 (75–99) 96 (80–99)	85 (58–97) 90 (60–99)	55 (40–69) 53 (39–67)	4.58 7.50	0.024 0.016
<b>VLAS</b>	0.79 (0.67–0.91)	< 0.001	Optimal sensitivity† Maximum specificity‡	2.50 3.00	70 (52–83) 40 (25–58)	84 (65–94) <mark>96</mark> (80–99)	84 (65–94) 92 (67–99)	70 (52–83) 57 (42–71)	4.38 10.0	< 0.001 0.003
LA <sub>width</sub>	0.78 (0.66–0.90)	< 0.001	Optimal sensitivity† Maximum specificity‡	2.00 <mark>2.25</mark>	63 (46–78) 27 (14–44)	76 (57–89) 100 (87–100)	76 (57–89) 100 (68–100)	63 (46–78) 53 (39–67)	2.64 NA	0.006 0.006
LA <sub>total</sub>	0.81 (0.69–0.92)	< 0.001	Optimal sensitivity† Maximum specificity‡	4.50 5.00	70 (52–83) 47 (30–64)	84 (65–94) <mark>96</mark> (80–99)	84 (65–94) 93 (70–99)	70 (52–83) 60 (45–74)	4.38 11.67	< 0.001 < 0.001
VHS + VLAS	0.74 (0.66–0.87)	0.003	Optimal sensitivity† Maximum specificity‡	14.50 14.75	47 (30–64) 43 (27–61)	96 (80–99) 96 (80–99)	94 (70–99) 93 (69–99)	60 (45–74) 59 (43–72)	11.67 10.83	< 0.001 0.001
VHS + LA <sub>total</sub>	0.75 (0.62–0.88)	0.002	Optimal sensitivity† Maximum specificity‡	16.25 16.50	53 (36–70) 50 (33–67)	92 (75–99) 96 (80–99)	89 (67–98) 94 (72–99)	62 (46–76) 62 (46–75)	6.67 12.5	< 0.001 < 0.001

<sup>\*</sup>Results reported for measurements obtained on left lateral thoracic radiographic images of 25 control dogs and 30 case dogs. †Cutoff value determined with the Youden index. ‡Cutoff value with near 100% specificity (least false-positive categorization).

AUC = Area under the curve. LR = Likelihood ratio.



Three radiographic variables of left atrial size

- 1.) Vertebral left atrial size [VLAS]
- 2.) Left atrial width.
- 3.) Combined variable of VLAS + left atrial width) "LA total" most accurately distinguished control dogs from case dogs, and the VLAS was the simplest and fastest to perform in a clinical setting.

#### **CONCLUSIONS AND CLINICAL RELEVANCE**

Results indicated that when echocardiography is unavailable, radiographic **VLAS** ≥3 VBUs could be used with minimal risk of false-positive diagnosis of stage B2 MMVD in dogs.



#### Use of radiographic measurements to diagnose stage B2\* / LA

#### Echo unavailable

#### **M-VLAS**

Cutoff: ≥3.4 vertebrae

Sensitivity: 93% Specificity: 93%

#### LA width\* (4)

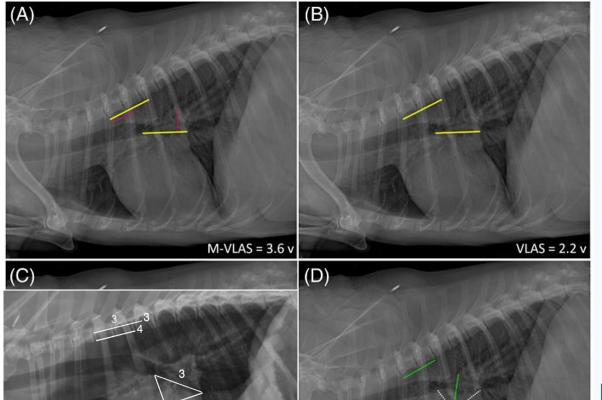
Cutoff: ≥2.25 vertebrae

Sensitivity: 27% Specificity: 100%

#### **LA total\* (VLAS(3)+4)**

Cutoff: ≥5 vertebrae

Sensitivity: 47% Specificity: 96%



#### **VLAS\***

Cutoff: ≥2.5 vertebrae Sensitivity: 67%, 70%\* Specificity: 87%, 84%\*

Cutoff: ≥3.0 vertebrae

Sensitivity: 40%\* Specificity: 96%\*

#### **RLAD**

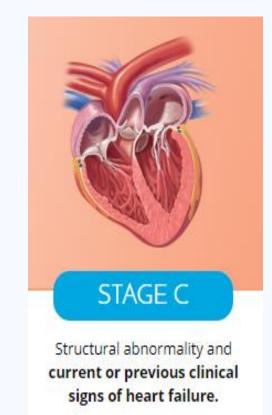
RLAD = 2.0 v

Cutoff: ≥1.8 vertebrae

Sensitivity: 96.8% Specificity: 93.5%



# MMVD STAGE C



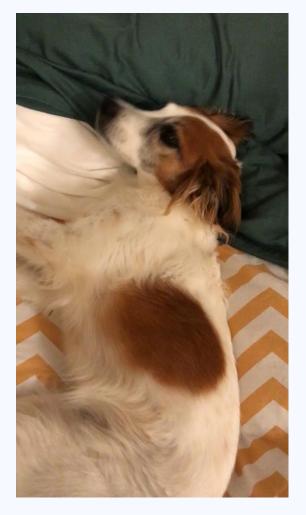
+ Evidence of cardiogenic lung edema on chest-XR

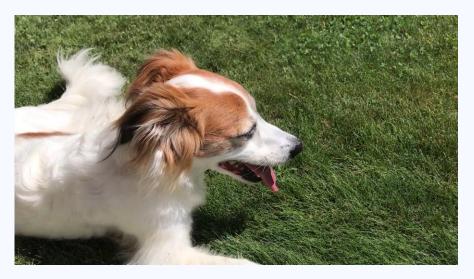
#### Dyspnea breathing pattern **Opstructive:** Deep & slow Restrictive: short, rapid, shallow Inspiratory Expiratory Adventitious Quiet or Absent Mixed Lung sound Lung sound - Stertor/Snoring Parenchymal Pleural space Dynamic **Dynamic** Fix **Upper** airway **Lower** airway airway disease disease obstruction obstruction obstruction Nasal dz. - Pneumothorax: Dorsal Inlet-TC. - Pneumonia - Intra-Tho-TC. - Pharyngeal dz. - Pleural effusion: Ventral Gr.4 TC. - Pulmonary edema - Bronchial collapse - BOAS Tracheal tumor - Pulmonary fibrosis - Asthma - Infiltrative lung dz. - Eosi. Broncho-Laryngeal dz. - ARDS pneumopathy Extra-Tho-TC \*Tho: Thoracic

\*TC: tracheal collapse

\*Dz: disease







Healthy dog panting

Healthy dog breathing normally at rest



- Early Signs of CHF
- Exercise intolerance
- Rapid SRR (> 30 tpm)
- Tachycardia
- +/- Coughing(MSB. compression)



- Late Signs of CHF
- Rapid breathing (RRR >80 tpm)
- Tachycardia
- Coughing up pink foam (severe pulmonary edema)



- Exaggerated chest and abdominal motion to respiration
- Extended head and neck
- Stand with adducted elbow
- Open mouth breathing / flaring nostrils
- Change in gum and/or tongue color to a bluish gray (poor oxygen flow)
- Minimize extraneous activities or action that exacerbate airway narrowing (swallow, bark)

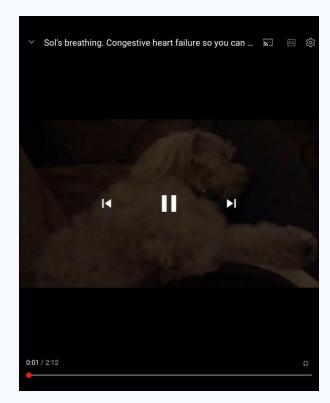












Rapid SRR



Video of a dog with mild dyspnea



# THENGLOOR. PET HOSPITAL ONAL SOLUTIONS

#### CLINICAL SIGNS OF HEART FAILURE



Chihuahua showing mild to moderate difficulty breathing (dyspnea)

แฮ่กๆๆ





Video of a dog with marked dyspnea







Dogs with heart failure often have difficulty breathing combined with coughting



#### Recognition of CHF. in MMVD

- Older than 7 yrs and < 15 kg</p>
- Loud murmur (IV/VI or >)
- sinus arrhythmia absent ----(respi > cardiac)
- Tachycardia (HR >160 bpm)
- Dyspnea (sleeping RR > 30)

Problem	Location			
Sneezing/discharge	Nasal cavity/oropharynx			
Coughing with minimal dyspnea	Tracheobronchial			
Dyspnea with minimal coughing	Laryngeal/bronchial/lung/pl eural/ mediastinum			
Coughing and dyspnea	brochoalveolar			

"The most common clinical sign of congestive heart failure is persistent coughing accompanied by difficulty breathing."

\*\*Cough on its own is not considered a sign of congestive heart failure\*\*

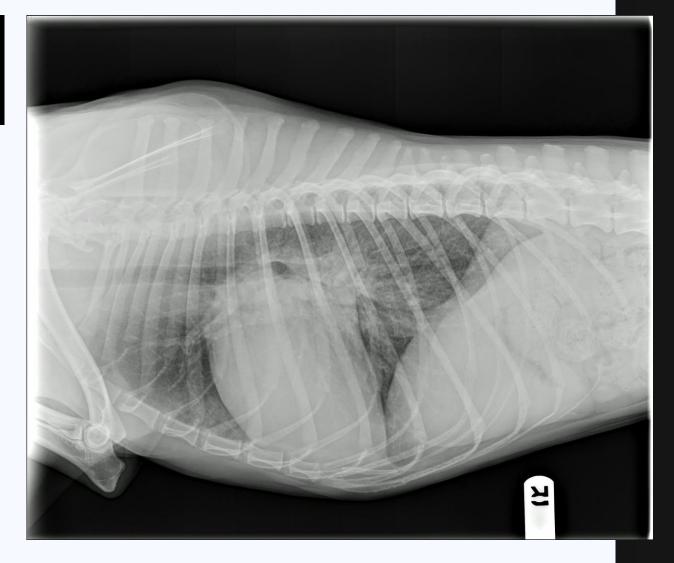
\* Beijerink, Campbell, Gavaghan, Singh and Wooley. Published online via Vetforum, Boehringer Ingelheim, 2015.





# EVIDENCE OF CARDIOGENIC PULMONARY EDEMA

- Significant left-sided heart enlargement manifested as:
- Increased VHS, VLAS, M-VLAS
- Increased height of the cardiac silhouette / loss of the caudal cardiac waist on lateral projection
- Left auricular enlargement at the 2- to 3-o'clock position on the DV or VD projection
- Caudal mainstem bronchi were compressed on lateral projections 2<sup>nd</sup> to the cardiomegaly and left atrial enlargement.
- Enlarged pulmonary veins
- Perihilar and/or caudodorsal unstructured interstitial or alveolar pattern



Sequence of pulmonary edema: Perihilar → Cd-D (R then L) → Cr-V Interstitial → Alveolar pattern



- Significant left-sided heart enlargement manifested as:
- Increased VHS, VLAS, M-VLAS
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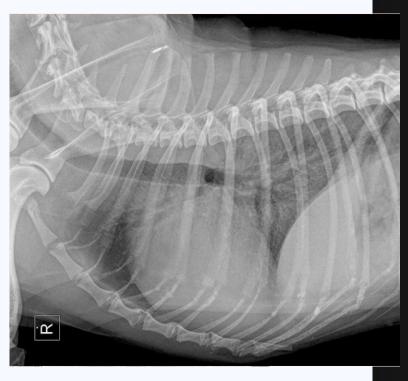
Sequence of pulmonary edema: Perihilar → Cd-D (R then L) → Cr-V Interstitial → Alveolar pattern



















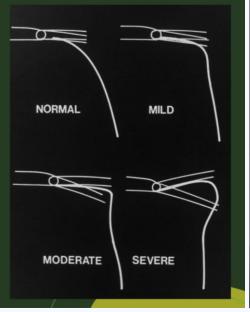


**Appendix 1.** Radiographic composite score on congestive heart failure (CHF).

Variable	Assessment	Points
Left atrial enlargement	None	0
	Mild	1
	Moderate to severe	(3)
Pulmonary venous	None	0
congestion	Present	(3)
Pulmonary infiltrates	None	0
compatible with	Mild interstitial	1
cardiogenic edema	Diffuse interstitial	2
	Alveolar	(3)
Pleural effusion	None	0
	Yes	1
Final assessment	Score 0–2	CHF not likely
	Score 3–4	CHF possible
	Score >4	CHF likely

#### Detection of Congestive Heart Failure in Dogs by Doppler Echocardiography

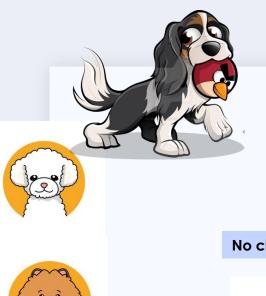
K.E. Schober, T.M. Hart, J.A. Stern, X. Li, V.F. Samii, L.J. Zekas, B.A. Scansen, and J.D. Bonagura





Score 3 + 3 + 3 = 9 (Left CHF. likely)

Sequence of pulmonary edema: Perihilar → Cd-D (R then L) → Cr-V Interstitial → Alveolar pattern



Stage B1

#### Aging small to medium-sized breeds

## Dog Suspected to Have MMVD<sup>†</sup> - Left Apical Systolic Heart Murmur<sup>‡</sup>

(Moderate to loud murmur — at least grade 3/6)

Stage B2

















### OUTLINE

#### 2. Management.

- Pre-clinical (heart disease)
- Clinical (heart failure)
- Applying "evidence-based medicine"

Classes of recommendation		
CLASS I	BENEFIT>>>RISK	
CLASS IIA	BENEFIT>>RISK	
CLASS IIB	BENEFIT>RISK	
CLASS III	BENEFIT=RISK	
CLASS IV	RISK>>BENEFIT	

Levels of Evidence (LOE)		
STRONG	The highest level of evidence based on high quality studies generating a clear and statistically valid result.	
MODERATE	This level of evidence is based on well designed, controlled studies for interpretation by the reader.	
WEAK	Based on quality studies which leave room for observation and discussion.	
EXPERT OPINION	Considered the weakest LOE based on experience of the panel.	



DOI: 10.1111/jvim.15488

#### **CONSENSUS STATEMENT**

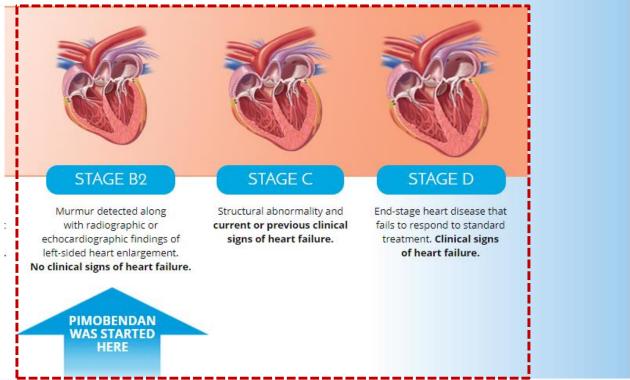
#### Journal of Veterinary Internal Medicine $\triangle$



Consensus Statements of the American College of Veterinary Internal Medicine (ACVIM) provide the veterinary community with up-to-date information on the pathophysiology, diagnosis, and treatment of clinically important animal diseases. The ACVIM Board of Regents oversees selection of relevant topics, identification of panel members with the expertise to draft the statements, and other aspects of assuring the integrity of the process. The statements are derived from evidence-based medicine whenever possible and the panel offers interpretive comments when such evidence is inadequate or contradictory. A draft is prepared by the panel, followed by solicitation of input by the ACVIM membership which may be incorporated into the statement. It is then submitted to the Journal of Veterinary Internal Medicine, where it is edited prior to publication. The authors are solely responsible for the content of the statements.

## ACVIM consensus guidelines for the diagnosis and treatment of myxomatous mitral valve disease in dogs

Bruce W. Keene<sup>1</sup> | Clarke E. Atkins<sup>1</sup> | John D. Bonagura<sup>1,2</sup> | Philip R. Fox<sup>3</sup> | Jens Häggström<sup>4</sup> | Virginia Luis Fuentes<sup>5</sup> | Mark A. Oyama<sup>6</sup> | John E. Rush<sup>7</sup> | Rebecca Stepien<sup>8</sup> | Masami Uechi<sup>9</sup>



The 2009 guidelines from (ACVIM): recommend that treatment of heart failure begin when the dog shows clear clinical signs of disease (stage C in the visual shown).

The 2019 guidelines from (ACVIM): administered to dogs in stage B2—before clinical signs of heart failure appear



Stage B2	Asymptomatic MMVD causing MR severe enough to result in cardiac remodeling, dogs in this category should meet the following criteria:			
RECOMMENDATIONS FOR DIAGNOSES	<ul> <li>Murmur intensity &gt;3/6;</li> <li>Echocardiographic LA: Ao ratio in the right-sided short axis view in early diastole &gt;1.6</li> <li>Left ventricular internal diameter in diastole, normalized for body weight (LVIDDN) &gt;1.7</li> <li>Breed-adjusted radiographic vertebral heart score (VHS) &gt;10.5</li> <li>Ideally, all of these criteria should be met. However, in the absence of echocardiographic measurements, clear radiographic evidence of cardiomegaly (VHS &gt; 11.5) or evidence of increasing interval change can be used to identify Stage B2.</li> </ul>	CLASS I	LOE: STRONG	
	VLAS values of >3 likely identify Stage B2 MMVD.	CLASS I	LOE: MODERATE	
RECOMMENDATIONS FOR TREATMENT	Pimobendan at a dosage of 0.25-0.3 mg/kg PO q12h.	CLASS I	LOE: STRONG	
+	Surgical intervention in advanced Stage B2 is possible and recommended by some panelists.	CLASS IIA	LOE: MODERATE	
	Dietary treatment.	CLASS IIA	LOE: WEAK	
	For patients in stage B2 on either initial examination, 5 (of 10) panelists recommend treatment with ACEI.	CLASS IIA	LOE: WEAK	



#### Journal of Veterinary Internal Medicine



Open Access

Standard Article

J Vet Intern Med 2016;30:1765-1779

# Effect of Pimobendan in Dogs with Preclinical Myxomatous Mitral Valve Disease and Cardiomegaly: The EPIC Study—A Randomized Clinical Trial

A. Boswood, J. Häggström, S.G. Gordon, G. Wess, R.L. Stepien, M.A. Oyama, B.W. Keene, J. Bonagura, K.A. MacDonald, M. Patteson, S. Smith, P.R. Fox, K. Sanderson, R. Woolley, V. Szatmári, P. Menaut, W.M. Church, M. L. O'Sullivan, J.-P. Jaudon, J.-G. Kresken, J. Rush, K.A. Barrett, S.L. Rosenthal, A.B. Saunders, I. Ljungvall, M. Deinert, E. Bomassi, A.H. Estrada, M.J. Fernandez Del Palacio, N.S. Moise, J.A. Abbott, Y. Fujii, A. Spier, M.W. Luethy, R.A. Santilli, M. Uechi, A. Tidholm, and P. Watson

## 36



#### STUDY DESIGN









#### **FINDINGS**

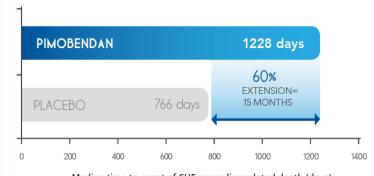






#### RESULTS REVEAL THE PROVEN BENEFITS OF EARLY TREATMENT OF MMVD\_BEFORE THE ONSET OF CHF<sup>1</sup>

Dogs who received pimobendan experienced a 15-month delay in onset of clinical signs of CHF, cardiac-related death, or euthanasia versus dogs in the placebo group.



Median time to onset of CHF or cardiac-related death (days)

At 1228 days, there were more than twice as many dogs in the pimobendan group that were still alive and had not reached the primary endpoint versus the placebo group.\*



#### Journal of Veterinary Internal Medicine



Open Access

Standard Article

J Vet Intern Med 2018:32:72-85

Longitudinal Analysis of Quality of Life, Clinical, Radiographic, Echocardiographic, and Laboratory Variables in Dogs with Preclinical Myxomatous Mitral Valve Disease Receiving Pimobendan or Placebo: The EPIC Study

A. Boswood D, S.G. Gordon, J. Häggström, G. Wess, R.L. Stepien, M.A. Oyama D, B.W. Keene, J. Bonagura, K.A. MacDonald, M. Patteson, S. Smith, P.R. Fox D, K. Sanderson, R. Woolley, V. Szatmári D, P. Menaut, W.M. Church, M.L. O'Sullivan, J.-P. Jaudon, J.-G. Kresken, J. Rush, K.A. Barrett, S.L. Rosenthal, A.B. Saunders, I. Ljungvall, M. Deinert, E. Bomassi, A.H. Estrada, M.J. Fernandez Del Palacio, N.S. Moise, J.A. Abbott D, Y. Fujii, A. Spier, M.W. Luethy, R.A. Santilli D, M. Uechi, A. Tidholm, C. Schummer, and P. Watson

#### **FINDINGS**

#### **HEART SIZE ON DAY 35—LVIDDN Measurement**

(Normalised left ventricular internal diameter in diastole)

**VETMEDIN®** 

PLACEBO





\*P = < 0.0001

Absolute Change From Baseline Median (Average)

#### STUDY CONCLUSION

The 2nd EPIC Study publication findings further highlight the benefit of a proactive approach to preclinical MMVD. Results continue to support the case for early treatment of MMVD during Stage B2 to positively impact the life of dogs with MMVD.<sup>1</sup>



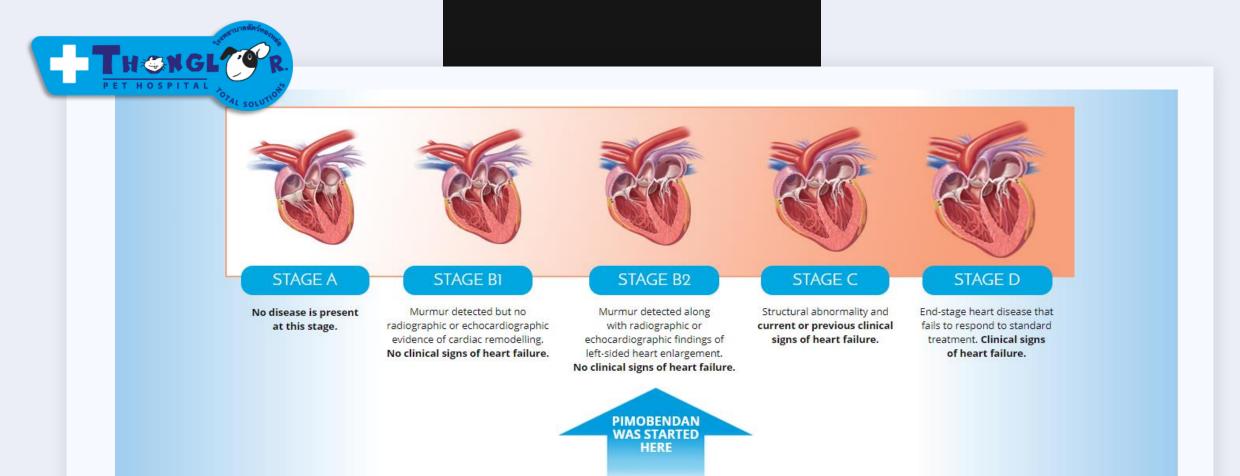
Within the first month of pimobendan treatment, dogs demonstrated significant decrease in heart size.



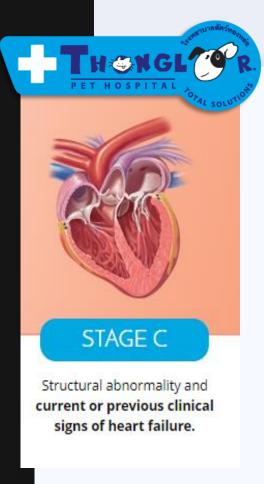
Observed heart size reduction was maintained over study duration, with dogs treated with pimobendan having a smaller average heart size.



In asymptomatic Stage B2 of heart disease\*



- 15 months delay(top up): significantly extend the symptom-free period of those dogs' lives by an average of 15 mth.
- Reduction in heart size (1 month impact)
- Improve quality of life and extend life
- Reevaluation by echocardiography in 4-6 months (May be more frequent in large dogs)



#### **CHF - ER Management**

#### Goals

Reduce venous congestion, edema, and effusion formation

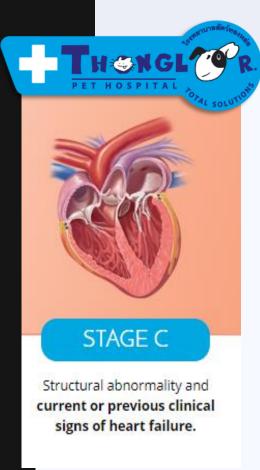
Reduce vascular volume (preload)

- Diuretic: Furosemide

Reduce venous tone (vasodilators - increase venous capacitance)

- Nitroglycerine (Nitroderm patch)
- Morphine (reduce stress and/or improve breathing dynamics.)
- Increase contractility and CO
  - Pimobendan PO, IV (Decrease Afterload: "Inodilator")
  - Dopamine CRI
  - Dobutamine CRI
- Normalize HR and rhythm
  - Antiarrhythmic drugs
- Address forward failure signs (hypotension, hypothermia)

Cardiac cachexia: 60kcl/kg BW, Omega-3fatty acid



#### Acute Fulminant Pulmonary edema

+ Handle gently

+ Run a full blood test to assess for concurrent organ damage due to reduced cardiac output.

+ Delay radiograph / Echo.

+ Anxiolytics agent: Butorphanol 0.2 - 0.25 mg/kg Good choices in patient with cardiac dz.

Acepromazine 0.01 - 0.03 mg/kg PO

Morphine 0.1 - 0.3 mg/kg SC

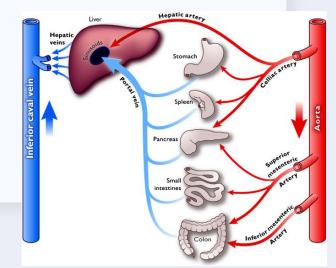




#### Acute (Fulminant) Pulmonary edema

#### **Medical emergency**

- **Anxiolytics: Morphine** low dose (0.025 0.05 mg/kg IV) morphine <u>dilates the splanchnic vasculature</u> and increases venous capacitance. Additional benefits of allowing slower, deeper respirations, and decreasing anxiety in patients with CHF. \*\*\* Side effect = VOMITING \*\*\*
- O2 therapy
- Diuretic: Furosemide 4-6 mg/kg IV or IM q2hrs (or 2mg/kg q1hr) until see reduction in RR & effort
  - Offer water all time once diuresis begins
  - Continue high doses once see a 30% reduction in RR & effort → reduce dose (aim for <25 bpm whilst sleeping)
  - If RR not improving to <40-50/min within 2-3 hours (ie. 2-3 doses) switch to CRI or incorrect Dx?
  - \*Onset 30-45min(Strickland, 2016), plasma half-life 1-2 hr.
  - \*Spacing of each dosing is too long --> inadequate efficacy
  - \*Efficacy: CRI > intermittent bolus (Ohad, 2018)
- **Pimobendan** 0.25 0.3 mg/kg q12hr / q8hr PO, SID IV
- **N**itroglycerine (Topical-venodilator): Nitroderm patch



Anxiolytics agent: Butorphanol (0.2-0.25 mg/kg) or acepromazine (0.01-0.03 mg/kg) An ACE inhibitor and spironolactone can be added at a later time.



STAGE C

Structural abnormality and current or previous clinical signs of heart failure.



Stage C	Denotes dogs with either current or past clinical signs of heart failure caused by MMVD.			
RECOMMENDATIONS FOR DIAGNOSES	Analyze serum NT-p	Analyze serum NT-proBNP concentration.		
P	Obtain basic laborat	ory tests.	CLASS I	LOE: EXPERT OPINION
	Most symptomatic of to complete the clin	logs with MMVD are middle-aged or older, and it is prudent ical database.	CLASS I	LOE: EXPERT OPINION
	Complete clinical da	Complete clinical database (including thoracic radiographs and ideally echocardiogram).		
RECOMMENDATIONS FOR TREATMENT	HOSPITAL	Torasemide at approximately 5% to 10% of the furosemide dosage (0.1-0.3 mg/kg q24h7).	CLASS I	LOE: MODERATE
+	BASED	Pimobendan, 0.25-0.3 mg/kg administered PO q12h.	CLASS I	LOE: WEAK
		ACEI (0.5 mg/kg PO q12h).	CLASS IIB	LOE: WEAK
	and t and	Furosemide 2 mg/kg IV (or IM) followed by 2 mg/kg IV (or IM) hourly until patients respiratory signs are substantially improved.	CLASS I	LOE: EXPERT OPINION
	ACUTE	Oxygen supplementation, if needed, can be administered.	CLASS I	LOE: EXPERT OPINION
		Furosemide CRI (0.66-1 mg/kg/hour) for life-threatening pulmonary edema.	CLASS IIA	LOE: EXPERT OPINION



Stage	e C	Denotes dogs with either current or past clinical signs of heart failure caused by MMVD		
		Continue pimobendan, 0.25-0.3 mg/kg PO q12h.	CLASS I	LOE: STRONG
	ONIC ME BASED)	Continue PO furosemide (2mg/kg q12h).	CLASS I	LOE: MODERATE
		Spironolactone (2.0 mg/kg PO q12 - 24 h).	CLASS I	LOE: MODERATE
	Chronic  Dietary r - Ensure - Modes - Omega	Diltiazem (often combined with digoxin) in cases of complicated atrial fibrillation.	CLASS I	LOE: MODERATE
		Dietary recommendations: - Ensure adequate protein intake - Modestly restrict sodium intake - Omega-3-fatty acids	CLASS I	LOE: MODERATE
C		In centers with low complication rates, patients benefit from surgical intervention to repair their mitral valve apparatus.	CLASS I	LOE: MODERATE
		Continue or start ACEI (0.5 mg/kg PO q12h).	CLASS IIB	LOE: WEAK
		None of the panelists routinely use nitroglycerin.	CLASS III	LOE: EXPERT OPINION



#### Failure refractory to standard treatment

#### Meds

- -> more than 8mg/kg/day of furosemide with
  - + Pimobendan 0.3mg/kg q12hr -> q8hr
  - + Benazepril 0.25mg/kg q24hr
  - + Spironolactone 2mg/kg q12hr

#### **Echo**

-> LV systolic dysfunction.





Stage D		Refers to dogs with end-stage MMVD, in which clinical signs of heart failure are refractory to standard treatment			
RECOMMENDATIONS FOR DIAGNOSES	outlined in the Sta Chronic PO furose	CHF involves the same diagnostic steps outlined for Stage C plus the finding of failure to respond to treatments outlined in the Stage C guidelines.  Chronic PO furosemide dosages -8 mg/kg q24h in any dosing regimen to maintain patient comfort in the face of appropriate dosages of pimobendan, an ACEI, and spironolactone indicate disease progression to Stage D.			
RECOMMENDATIONS FOR TREATMENT +	HOSPITAL BASED	Pimobendan dosage may be increased (off-label use) to include a third 0.3 mg/kg daily PO dose.	CLASS IIA	LOE:EXPERT OPINION	
CHRONIC HOME-BASED		Torsemide, a potent and longer-acting loop diuretic, may be used to treat dogs no longer adequately responsive to furosemide.	CLASS I	LOE: MODERATE	
	TREATMENT	Furosemide (or torsemide) dosage should be increased as needed to decrease the accumulation of pulmonary edema or body cavity effusions.	CLASS IIA	LOE:EXPERT OPINION	
		Pimobendan dosage is increased by some panelists to include a third 0.3 mg/kg daily dose.	CLASS IIA	LOE:EXPERT OPINION	
		Beta blockers generally should not be initiated at this stage.	CLASS IV	LOE:EXPERT OPINION	
		Dietary requirements: All of the dietary considerations for Stage C (above) apply.			



ยา	กลุ่ม	ขนาดและวิธีการบริหารยาที่แนะนำ
Benazepril	ACE inhibitor	0.25 – 0.5 mg/kg PO q (12)-24h
Enalapril	ACE inhibitor	0.5 mg/kg PO q12-24h
Furosemide	Loop diuretic	Acute CHF: Initial bolus, 2 mg/kg IV, IM, or SC
		Repeat at 1 - 4 mg/kg q1-4h
		until RR $igstar$ , then q6-12h
		Or, 0.66 – 1 mg/kg/h CRI for (6-12)h
		Maintenance: (0.5-)1-3 mg/kg PO q8-24h
		Titrate to lowest effective dosage for chronic therapy
Hydrochlorothiazide	Thiazide diuretic	0.5 – 4 mg/kg PO q12-48h
Imidapril	ACE inhibitor	0.25 mg/kg PO q24h
Pimobendan	Positive inotrope / Inodilator	0.2 - 0.3 mg/kg PO q(8-)12h
Ramipril	ACE inhibitor	0.125 - 0.25 mg/kg PO q24h
Spironolactone	Potassium sparing diuretic	0.5 – 2 mg/kg PO q24h (or, divided, q12h)
Torsemide	Loop diuretic	Calculate 1/8 to 1/12 of patient's total daily furosemide
		dose & give as 2 divided doses





#### STAGE C

Structural abnormality and current or previous clinical signs of heart failure.

#### STAGE D

End-stage heart disease that fails to respond to standard treatment. Clinical signs of heart failure.

#### **Complications of heart failure**

- + **Kidney damage** or failure : "CvRD-H"
- + Liver damage. Heart failure can lead to a buildup of fluid that puts too much pressure on the liver. This fluid backup can lead to scarring

#### ++ Pulmonary hypertension

- > Common in stage C > B2 (Borgarelli et al, 2015)
- > Prevalence of PH in dogs with MMVD between 14 and 53%.
- > Prevalence of PH was associated with severity of MMVD
- > Humans and animals with more severe mitral regurgitation, and therefore higher left-atrial pressure, have an increased risk of developing PH.
- > Poorer prognosis with PH. >55 mmHg.

#### Journal of Veterinary Internal Medicine



J Vet Intern Med 2015:29:569-574

Prevalence and Prognostic Importance of Pulmonary Hypertension in Dogs with Myxomatous Mitral Valve Disease

M. Borgarelli, J. Abbott, L. Braz-Ruivo, D. Chiavegato, S. Crosara, K. Lamb, I. Ljungvall, M. Poggi, R.A. Santilli, and J. Haggstrom

+ Arrhythmias: AF, VT, VF





DEGENERATIVE MITRAL VALVE DISEASE

#### **PROGNOSIS**

- + MMVD B2 may live 2 years or more -> C
- + **MMVD with CHF** survival times can generally be between 12 24 months at time of diagnosis (Some shorter, some longer) related to adequate care, treatment, complication (Lefborn et al, 2016).
- + **Decreased survival time** in dogs with
- ➤ Severe MR / chordal rupture
- ➤ Syncope
- ➤ Tachycardia
- > PAH (moderate to severe); PAP > 55mmHg
- > Severe increased LA size



#### DEGENERATIVE MITRAL VALVE DISEASE

TABLE 1 Selected echocardiographic cutoffs and relative scores

	Score			
	1	2	3	4
LA/Ao	< 1.70	1.70-1.90	1.91-2.50	>2.50
LVIDDn	<1.70	1.70-2.00	2.10-2.30	>2.30
FS (%)	<45	45-50	>50	
E-vel (m/s)	<1.20	1.20-1.50	>1.50	

Abbreviations: E-vel, E-wave transmitral peak velocity; FS, fractional shortening of the left ventricle; LA/Ao, left atrium-to-aorta ratio; LVIDDn, left ventricular end-diastolic diameter normalized for body weight;

**TABLE 2** Severity classification based on the total score obtained from the summation of the single scores obtained with Table 1

Severity classification	Total score
Mild	4-5
Moderate	6-7
Severe	8-12
Late stage	13-14

#### **PROGNOSIS:** Survival times (MINE score)



The Mitral INsufficiency Echocardiographic score: A severity classification of myxomatous mitral valve disease in dogs

# Mild Median survival time = 2,344 days (95% CI; 1,877 - 2,810d) Moderate Median survival time = 1,882 days (95% CI; 1,341 - 2,434d) Severe Median survival time = 623 days (95% CI; 432 - 710d) Late stage

Median survival time = 157days (95% CI; 53 - 257d)







#### Presenting complaint: Coughing

- 1-2x/day for 2 years
- 8-10x/day for 6 months
- Current treatment:
- Frusemide 20 mg q 12 hrs
- Pimobendan 2.5 mg q 12 hrs
- Benazepril 2.5 mg q 24 hrs
- Spironolactone 25 mg q 12 hrs

Problem	Location
Sneezing/discharge	Nasal cavity/oropharynx
Coughing with minimal dyspnea	Tracheobronchial
Dyspnea with minimal coughing	Laryngeal/bronchial/lung/pl eural/ mediastinum
Coughing and dyspnea	brochoalveolar









Temp: 101.4 F

- → HR 100 bpm
- ▼ PR 100 bpm
- Grade IV/VI left apical systolic murmur
- Resp. sinus arrhythmia
- RR 24, eupneac
- MM pink, CRT 1 sec, tacky









- Signalment and murmur consistent with MMVD
- III/VI murmur could be consistent with CHF
- HR, sinus arrhythmia, and RR are not consistent with CHF
- Long history of cough suggests chronic airway disease
- Plan: Chest xrays, Echocardiogram, Blood Work



Bronchointerstitial pattern. Vertebral heart score 10.8 without enlargement of any specific chamber



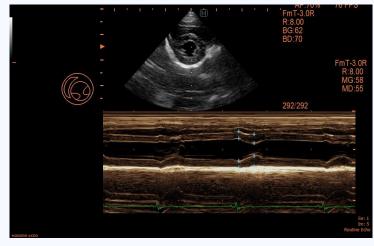
#### Penny: 9y FS CKCS x Maltese, 8 kg





# LA/AO(B) LADS: 11.8mm AODd: 8.5mm LA/AO: 1.38 Results Fig. 6 Fig. 72/616 Fig. 72/61 Fig. 72/6

LA/Ao: 1.38 (<1.6)



LVIDd: 28.4 mm LVIDd**N**: 1.54 (<1.7)

#### Penny: 9y FS CKCS x Maltese, 8 kg











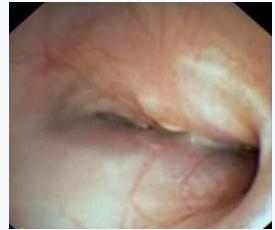
- Stopped cardiac medications
- Doxycycline 5 mg/kg bid 3 weeks
- Theophylline 10 mg/kg bid 3 weeks

#### Plan

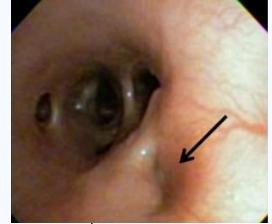
Bronchoscopy



100% collapse left cranial lobar bronchus



100% collapse left caudal lobar bronchus



100% dollapse Right middle lobar bronchus

Diagnosis of Bronchomalacia with Myxomatous Mitral Valve Degeneration B1



#### Thung-Ngern: 7y M Chihuahua, 3.8 kg

The referring DVM **ausculted a heart-murmur** during the examination and referred **Thung-Ngern** for cardiac evaluation and echo request.

Temp: 100.4 F

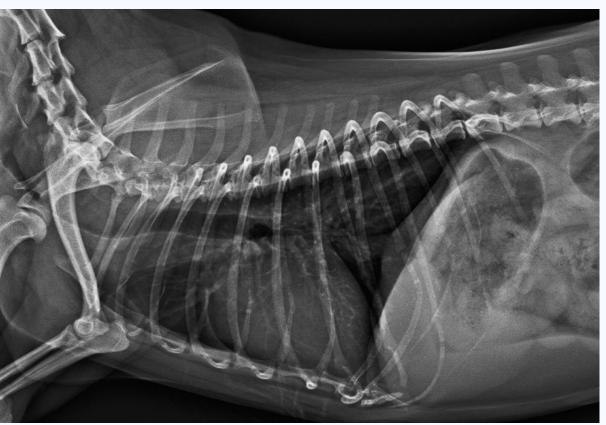
- → HR 130 bpm
- ♥ PR 130 bpm
- Grade IV/VI left apical systolic murmur
- ♥ RR 24, eupneac
- MM pink, CRT 1 sec, tacky

no signs associated with Lt. CHF.

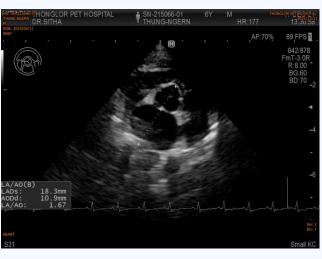
Plan: Chest xrays, Echocardiogram



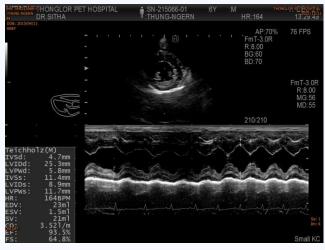
Thung-Ngern: 7y M Chihuahua, 3.8 kg



VHS = 10.6 No evidence of cardiogenic pulmonary edema.

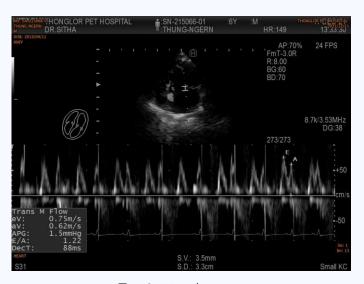


LA/Ao: 1.67 (<1.6)



LVIDd: 25.3 mm LVIDd**N**: 1.71 (<1.7)

#### Thung-Ngern: 7y M Chihuahua, 3.8 kg



Ev: 0.75 m/s E/A: 1.22

#### **CONSENSUS STATEMENT**



the pathophysiology, diagnosis, and treatment of clinically important animal diseases. The ACVIM Board of Regents oversees selection of relevant topics A draft is prepared by the panel, followed by solicitation of input by the ACVIM membership which may be incorporated into the statement. It is then submit ted to the Journal of Veterinary Internal Medicine, where it is edited prior to publication. The authors are solely responsible for the content of the statements

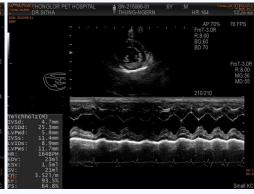
#### ACVIM consensus guidelines for the diagnosis and treatment of myxomatous mitral valve disease in dogs

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VHS = 10.6No evidence of cardiogenic pulmonary edema.





LA/Ao: 1.67 (<1.6) LVIDdN: 1.71 (<1.7)



#### Thung-Ngern: 7y M Chihuahua, 3.8 kg

#### **Diagnosis of MMVD Stage B2**

- Mild to moderate mitral regurgitation.
- Normal LV systolic function.
- Normal LV diastolic function.

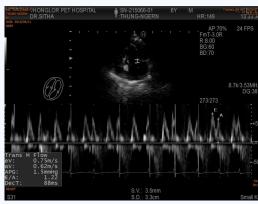


Pimobendan 0.25mg/kg q12h AC

#### STANDARD ARTICLE



The Mitral INsufficiency Echocardiographic score: A severity classification of myxomatous mitral valve disease in dogs



Evel: 0.75 m/s E/A: 1.22



## AP 70% 76 FPS

## FmT 30 R
R 8.00
90.60
90.70

## FmT 30 R
R 8.00
NG 36
R 8.00
R 9.00
R 9.

LA/Ao: 1.67 (<1.6) LVIDd**N**: 1.71 (<1.7)

Thung-Ngern: 7y M Chihuahua, 3.8 kg

## Survival times MINE score

1.) LA/Ao: 1.67 = 1 score 2.) LVIDd**N**: 1.71 = 2 score 3.) %FS: 64.8 = 3 score

4.) E-vel: 0.75 = 1 score

Total = 7

**TABLE 1** Selected echocardiographic cutoffs and relative scores

	Score			
	1	2	3	4
LA/Ao	<1.70	1.70-1.90	1.91-2.50	>2.50
LVIDDn	<1.70	1.70-2.00	2.10-2.30	>2.30
FS (%)	<45	45-50	>50	
E-vel (m/s)	<1.20	1.20-1.50	>1.50	

Abbreviations: E-vel, E-wave transmitral peak velocity; FS, fractional shortening of the left ventricle; LA/Ao, left atrium-to-aorta ratio; LVIDDn, left ventricular end-diastolic diameter normalized for body weight; .

**TABLE 2** Severity classification based on the total score obtained from the summation of the single scores obtained with Table 1

Severity classification	Total score
Mild	4-5
Moderate	6-7
Severe	8-12
Late stage	13-14

Mild

Median survival time = 2,344 days (95% CI; 1,877 - 2,810d)

Moderate

(Total score 6 - 7)

Median survival time = 1,882 days (95% CI; 1,341 - 2,434d)

Severe

Median survival time = 623 days (95% CI; 432 - 710d)

Late stage

Median survival time = 157days (95% CI; 53 - 257d)







Lucky: 14-year-old Mc Pomeranian, 6.4 kg.

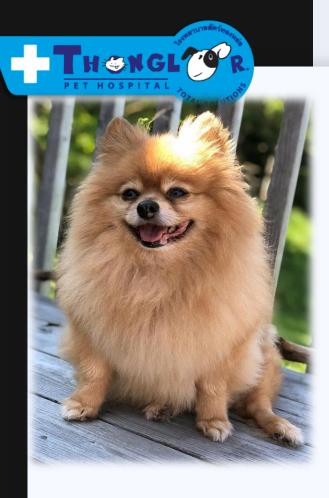
Loss of consciousness / Collapse: Syncope, Seizure ??

#### **Pertinent history**

- Diagnosed with MMVD stage B2 with severe mitral regurgitation and mild tricuspid regurgitation 2years ago.
- Previous medication history: discontinue Pimobendan
- Episode brief with recovery and no tonic-clonic motor signs.
- > Episode follows stress or excitement.



**Syncope** 



Lucky: 14-year-old Mc Pomeranian, 6.4 kg.

#### **Physical examination**

On presentation, QAR Respiratory rate was 56 bpm with dyspnea.

Mucous membranes were cyanosis and CRT 2 seconds.

Lung auscultation: increased respiratory sounds to fine crackle lung field bilaterally.

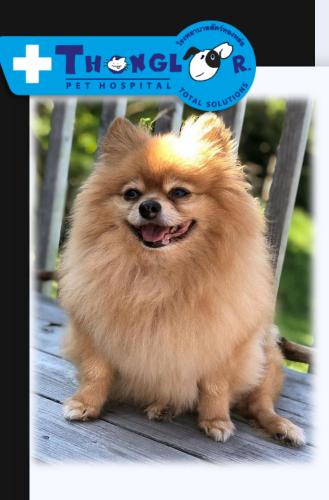
#### Heart rate of 168 beats/minute

Cardiac auscultation 5/6 systolic murmur PMI over the left apical radiates dorsocranially, 4/6 systolic murmur PMI on the right, regular rhythm. Femoral pulses strong and symmetric.

Rectal temperature was not measured initially to minimise stress.







Lucky: 14-year-old Mc Pomeranian, 6.4 kg.

#### Diagnostic plan and initial stabilization

The pertinent history, presence of acute dyspnea & syncope in an asymptomatic MMVD male dog with severe mitral regurgitation raised the suspicion of heart disease and CHF.

### Cardiogenic > Non-cardiogenic causes

**Initial stabilisation:** placed in an oxygen-enriched chamber.

Once the patient had relaxed and appeared more comfortable,

- Thoracic radiography
- Electrocardiogram (ECG)
- Echocardiogram





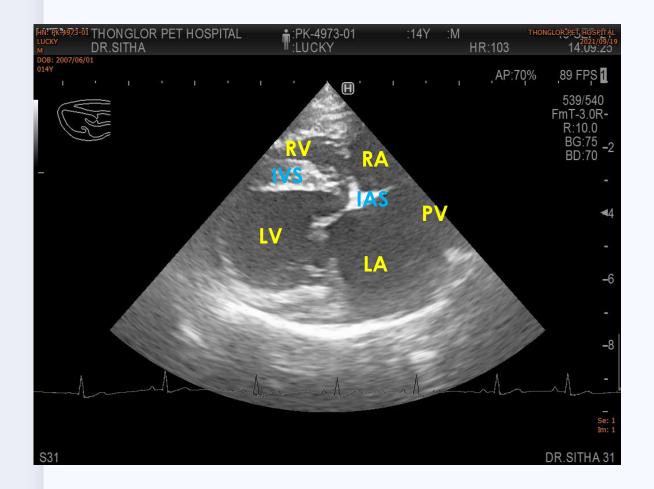


### Thoracic radiographs



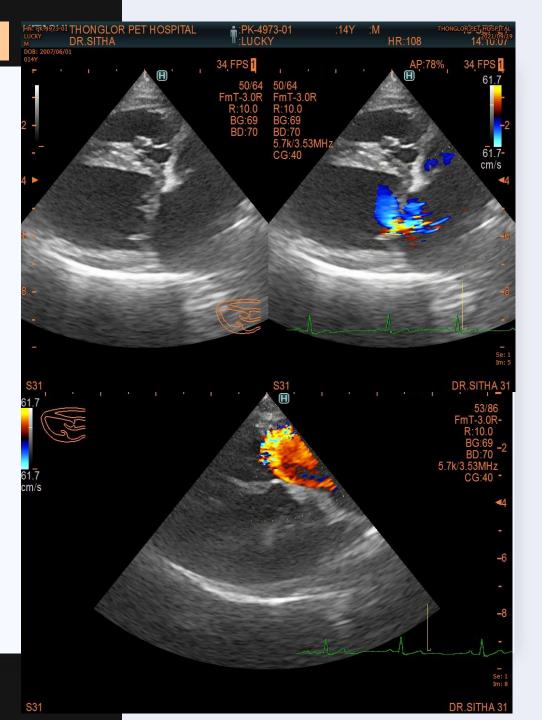


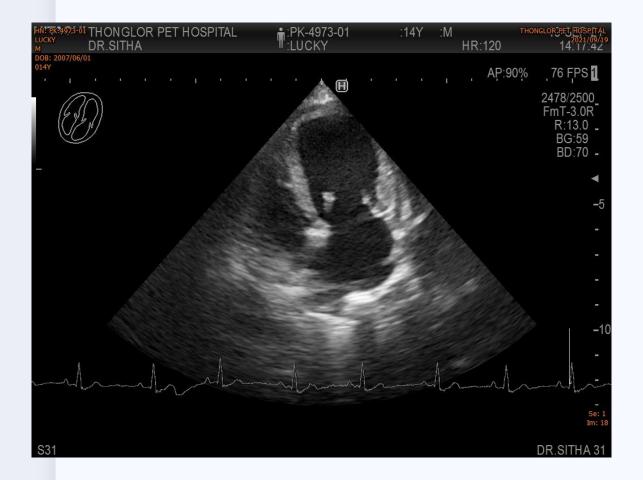






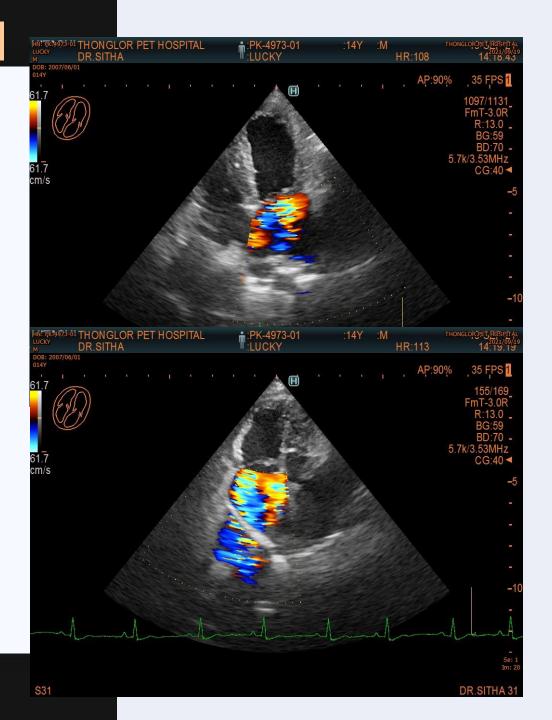












Left atrium assessment

2D: LA/Ao = 2.57 \*\*\* (<1.6)

" Left atrial enlargement "

Received: 6 March 2019 | Accepted: 13 March 2019

DOI: 10.1111/p/im.15488

CONSENSUS STATEMENT

Journal of Veterinary Internal Medicine
Accepted: Accepted:

Consensus Statements of the American College or Veterinary Internal Medicine (MCAVIM provide the veterinary community with up-to-taite information for the pathophysiology, diagnosis, and treatment of diricially important animal diseases. The ACVIM Roard of Regents overeses selections covered to identification of panel members with the expertise to draft the statements, and other aspects of assuring the integrity of the process. The statements are derived from evidence-based medicine whenever possible and the panel offiers interpretive comments when such evidence is inadequate or contradictory. A draft is prepared by the panel, followed by solicitation of input by the ACVIM membership which may be incorporated into the statement. It is then submitted to the Journal of Veterinary Internal Medicine, where it is edited prior to publication. The authors are solely responsible for the content of the statements.

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### Left ventricle assessment

### M-mode

LVIDd: 32.5 mm

LVIDdN: 1.88 \*\*\* (<1.7)

"Left ventricular enlargement"

Received: 6 March 2019 | Accepted: 13 March 2019

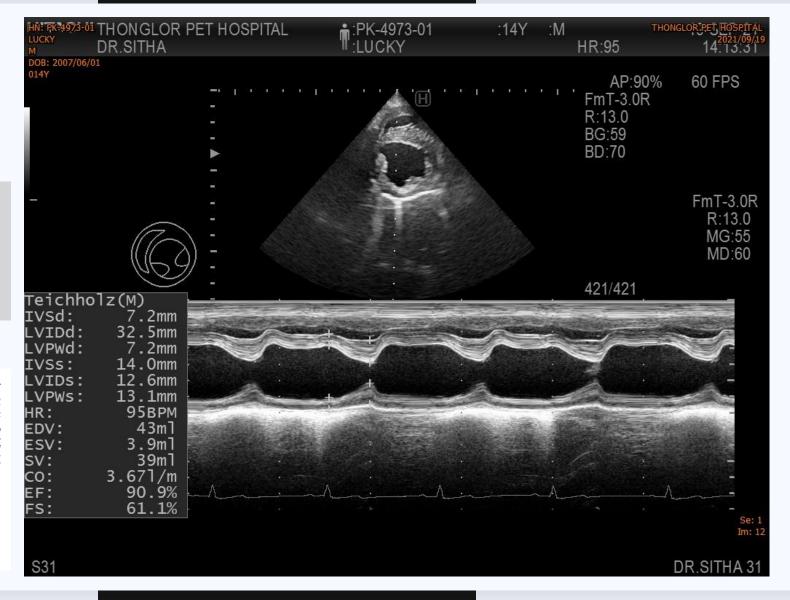
#### **CONSENSUS STATEMENT**

Journal of Veterinary Internal Medicine ACVIM

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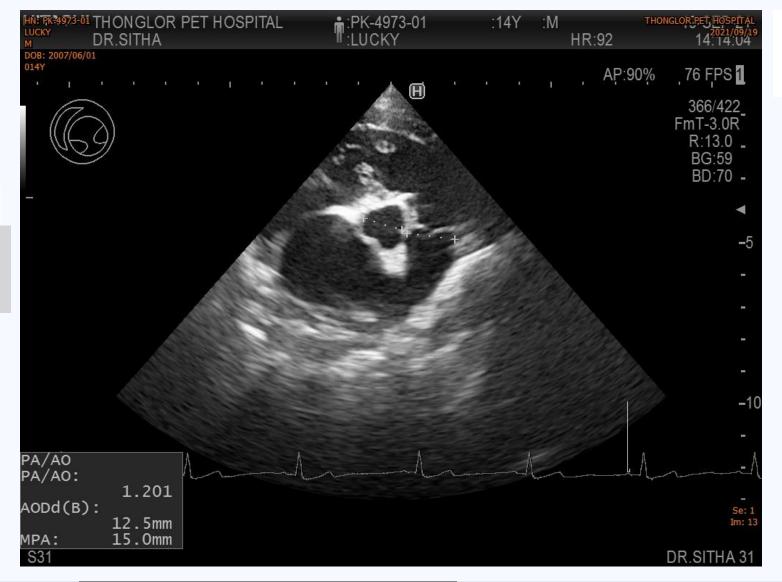
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Pulmonary artery assessment

2D: MPA/AO = 1.2 (0.8-1.0)

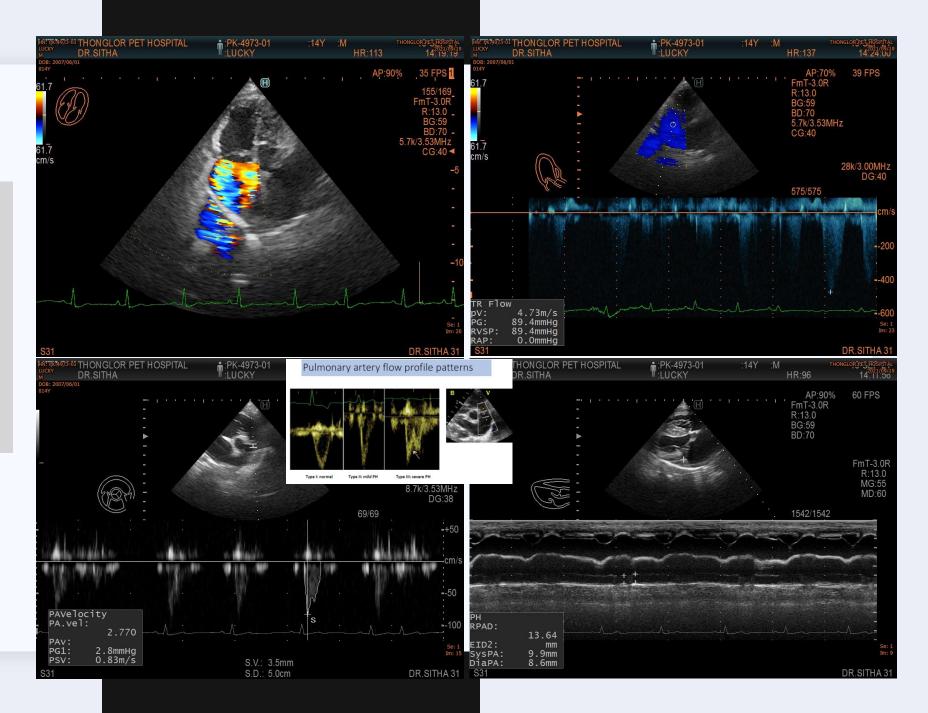
"Pulmonary artery enlargement"

### Pulmonary hypertension

- Severe tricuspid regurgitation
- TR-Vmax: 4.73m/s (<2.5m/sec)
- RVSP: 89.4 mmHg (<25 mmHg)
- MPA/AO: 1.2
- %RPAD: 13.64 (38 **-** 49)
- Systolic notching of the Doppler RV outflow profile (Type III)

### "Severe pulmonary hypertension"

TABLE 2 Echocardiographic probability of PH in dogs Peak tricuspid Number of different regurgitation anatomic sites of velocity (m/s) echo signs of PH<sup>a</sup> Probability of PH ≤3.0 or not measurable 0 or 1 ≤3.0 or not measurable Intermediate 3.0 to 3.4 0 or 1 Intermediate >3.4 Intermediate ≤3.0 or not measurable 3 High 3.0 to 3.4 ≥2 High >3.4 ≥1 High



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CONSENSUS STATEMENT

Journal of Veterinary Internal Medicine

American College of Veterinary Internal Medicine

Veterinary Internal Medicine

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First published:17 February 2020 | https://doi.org/10.1111/jvim.15725

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### ACVIM consensus statement guidelines for the diagnosis, classification, treatment, and monitoring of pulmonary hypertension in dogs

```
Carol Reinero<sup>1</sup> | Lance C. Visser<sup>2</sup> | Heidi B. Kellihan<sup>3</sup> | Isabelle Masseau<sup>4</sup> | Elizabeth Rozanski<sup>5</sup> | Cécile Clercx<sup>6</sup> | Kurt Williams<sup>7</sup> | Jonathan Abbott<sup>8</sup> | Michele Borgarelli<sup>9</sup> | Brian A. Scansen<sup>10</sup>
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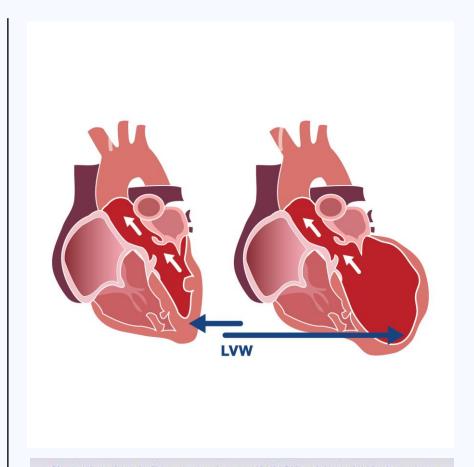


Lucky: 14-year-old Mc Pomeranian, 6.4 kg.

# Diagnosis of MMVD Stage C with Pulmonary hypertension (PH).

- Cardiogenic pulmonary edema.
- High probability of PH
- RVSP: 89.4 mmHg (Severe PH)

# CANINE DILATED CARDIOMYOPATHY



Note the thin left ventricular wall (LVW), dilated LV chamber, and depiction of decreased forward blood flow with DCM.



NON-AGING-ASSOCIATED DISEASES LARGE - GIANT BREEDS

8-10% OF HEART DISEASE IN DOGS 80-90% DOBERMAN PINCHER & BOXER 25% IRISH WOLFHOUNDS

MALE (50%) > FEMALE (33%) (DOBERMAN PINCHER)

STANDARD SCHNAUZERS
 GOLDEN RETRIEVERS
 COCKER SPANIELS
 GREAT DANES
 NEWFOUNDLANDS
 SCOTTISH DEERHOUNDS







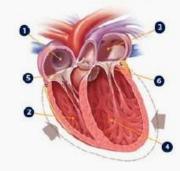






• Loss of myocardial contractility and progressive ventricular dilation.

### **CANINE HEART DAMAGED BY DCM**



LV systolic dysfunction



Arrhythmia / Low CO signs



Chamber dilation / Arrhythmia



Functional mitral regurgitation lung edema

Arrhythmia



• **Primary**: Disease of the heart muscle of unknown etiology

+ Genetic: Dobermans: PDK4 gene

: Boxers: STRN gene

: German Shorthaired Pointers: DMD gene

: Great Danes: X-lined likely since males predisposed

- specific gene unknown

• Secondary: Disease of heart muscle due to

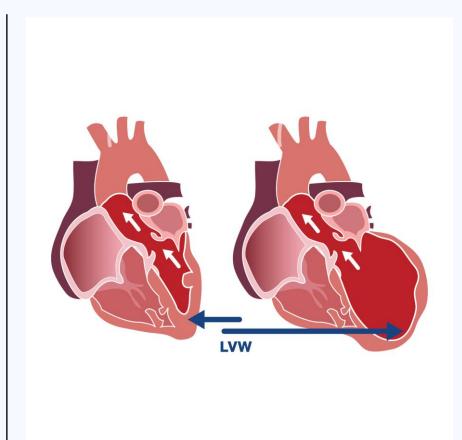
+ toxins : chemotherapy

+ nutritional deficiencies : taurine, carnitine

+ endocrinopathies : hypothyroidism

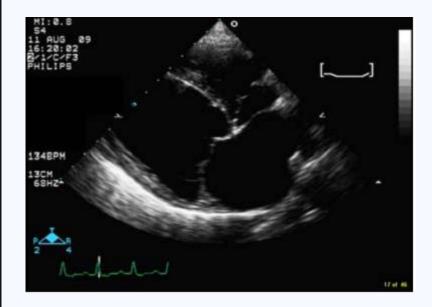
+ Arrhythmias : chronic rapid heart rate

+ infection / inflammation : myocarditis



### Journal of Veterinary Cardiology, Vol.5, No. 2, November 2003

### DIAGNOSIS







## Proposed Guidelines for the Diagnosis of Canine Idiopathic Dilated Cardiomyopathy

The ESVC Taskforce for Canine Dilated Cardiomyopathy

Joanna Dukes-McEwan<sup>1</sup>; Michele Borgarelli<sup>2</sup>; Anna Tidholm<sup>3</sup>;

Andrea C Vollmar<sup>4</sup>; Jens Häggström<sup>5</sup>

#### **Abstract**

Dilated cardiomyopathy (DCM) is a major cause of morbidity and mortality in various dog breeds. The diagnosis of overt DCM is not normally problematic, although the importance of active exclusion of other causes of the dilated, hypokinetic heart is emphasised. Recent interest in human familial DCM has prompted a number of researchers to investigate the genetic basis of canine DCM. Prospective screening of dogs from lines with familial prevalence of DCM may identify dogs with pre-clinical ("occult") DCM. Dogs with other echocardiographic abnormalities or arrhythmias may also be identified. It is clear that dogs, like humans, have a prolonged pre-symptomatic phase of the disease extending over years. The ESVC DCM taskforce was established to provide the veterinary cardiology community with guidelines for the diagnosis of DCM, predominantly based on 2D and M-mode echocardiography. Diagnosis of DCM requires all of the following: (i) Left ventricular dilatation (ii) Reduced systolic function (iii) Increased sphericity of the left ventricle. We propose a scoring system for the identification of dogs in the pre-clinical stages. These include a number of major criteria and minor criteria. Future prospective longitudinal studies are required to test these in different breed populations to assess their predictive power and further refinements may be required. The importance of post mortem confirmation of disease is emphasised, and the two major histopathological features associated with DCM, the attenuated wavy fibre and the fibro-fatty infiltration-degenerative forms, require further investigation to identify the different aetiopathogenetic factors which may be involved.

Key words: Dog, Dilated Cardiomyopathy, Echocardiography, Histopathology, Familial Dilated Cardiomyopathy

### DIAGNOSIS







Journal of Veterinary Cardiology xxx (xxxx) xxx



Journal of Veterinary Cardiology

www.elsevier.com/locate/jvc

Review

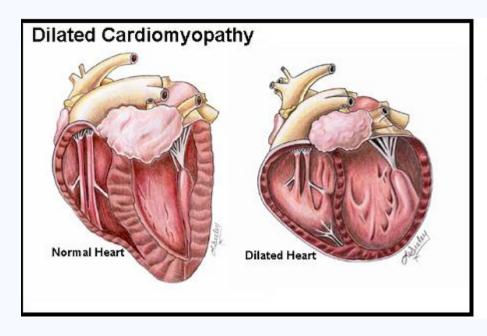
# Screening for dilated cardiomyopathy in dogs

G. Wess, DVM

Clinic of Small Animal Medicine, LMU University, Veterinärstrasse 13, Munich, 80539, Germany

Received 2 March 2021; received in revised form 16 September 2021; accepted 22 September 2021

### DCM



DCM is generally divided into two phases:

- An occult phase, during which time disease is present but dogs remain asymptomatic. This phase can last months to years.
- An overt clinical phase, when clinical signs develop.



# ศูนย์โรคหัวใจ

Cardiorespiratory center



ปัจจุบันโรคหัวใจเป็นโรคที่พบมากขึ้นในสัตว์เลี้ยง คลินิกหัวใจของโรงพยาบาลสัตว์ ทองหล่อ มีเครื่องมือครบครันในการตรวจวินิจฉัยภาวะผิดปกติของระบบหัวใจ และ หลอดเลือด ทั้งนี้ การตรวจรักษายังดำเนินการโดยสัตวแพทย์ ผู้มีความชำนาญ โดยเฉพาะ เพื่ออายุที่ยืนยาวของสัตว์เลี้ยงที่ท่านรัก



















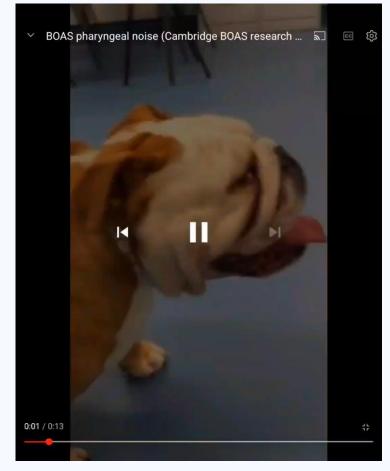








### STERTOR

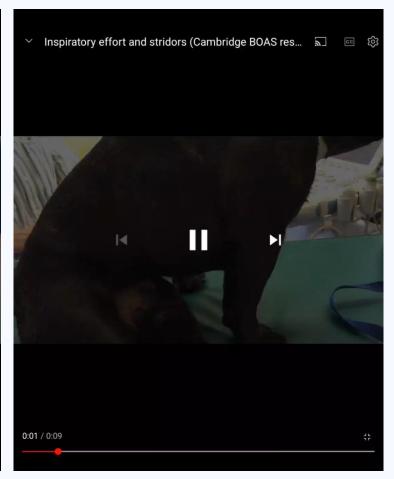




- Stertor and stridor are two abnormal sounds that result from upper airway partial or complete obstruction.
- Stertor, which sounds like a snore, The low-pitched sound that is associated with stertor suggests that flaccid tissue is vibrating throughout the respiratory cycle. This occurs routinely in brachycephalic patients that have elongated soft palates

# Stridor caused by Laryngeal Paralysis

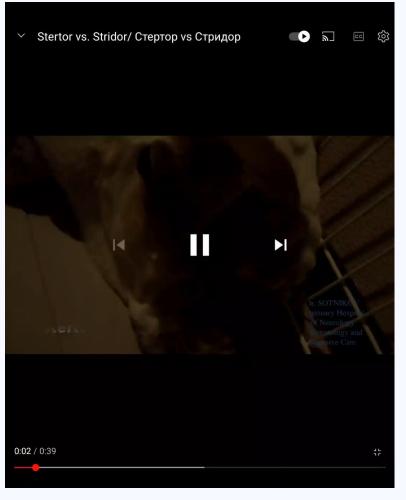
Dog Stridor : Laryngeal Paralysis



STRIDOR

- Stertor and stridor are two abnormal sounds that result from upper airway partial or complete obstruction.
- Stridor is a high-pitched sound that results from rigid tissue vibrations. It is typically associated with laryngeal or tracheal disease.

### STERTOR VS STRIDOR



- Stertor and stridor are two abnormal sounds that result from upper airway partial or complete obstruction.
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- Stridor is a high-pitched sound that results from rigid tissue vibrations. It is typically associated with laryngeal or tracheal disease.



# HEART DISEASE IN CATS

SITHA S. DVM, PGFVS(CARDIORESPIRATORY)